



## Greetings 2nd District,

It is an honor to represent each of you at the council and as we move into 2016, I wanted to take a moment to reflect on the birth of a county that started with less than 100 residents. On December 22, 1852, the law locating the county seat contained the following language: "Pierce County is not the largest in the state, but it is one of the most important; it has about 125 miles of salt-water shore line, with many bays and inlets and several important islands. It has a greater variety of elevations than any other county in the state, reaching from the tide level of Puget Sound to the summit of Tacoma-Rainier, which mountain is wholly within the boundary of the county, thus giving a panorama of scenic beauty unequalled anywhere, and a climate ranging from a mild and salubrious temperate zone quality in the valley to the most rigorous, up on the mountain side."

Currently, Pierce County is home to over 800,000 residents, made up of 23 unique communities, is home to the Washington State Fair and countless businesses. Because of this and much more, I have chosen to make Pierce County my home and will continue to do my best to represent you, making our community a better place to live, work and raise a family.

In this February Issue you will also find; heart healthy tips, suggestions for fun family outings, Parks and Recreation Events and more. I hope you find the information useful. Please remember, if there is anything in Pierce County government that I can assist you with or if you would like to share your concerns and ideas, my staff and I look forward to hearing from you.

Warm Regards,

A handwritten signature in black ink that reads "Joyce".





## In Recognition of American Heart Month...

The council has adopted:

### **Resolution No. R2016-7**

A Resolution of the Pierce County Council and Executive Supporting Congenital Heart Defect Awareness Week – February 7-14, 2016, in Pierce County, Washington.

I had the opportunity to work with Zoe Cardwell and her family on this proclamation.

---



[View the Infographic](#)

## Heart Healthy Tips

### **Changing your Salty Ways in 21 days.**

In just 21 days, you can:

- Transform your taste buds
- Find (and enjoy) foods with more moderate levels of sodium
- Reduce bloating

By choosing wisely, reading nutrition labels, watching your portions, you can start the New Year or even a new week with better eating habits. For example, learning to read and understand food labels can help you make healthier choices.

Click For More Heart Healthy Tips From The American Heart Association:

<http://www.heart.org/HEARTORG/>

---



## CPR & First Aid Classes

1st Aid/CPR Class every fourth Saturday of each month

### **Location:**

Station 71 902 7th St NW Puyallup 98371

To register on-line click [here](#) or call 253-538-6401 for assistance.

---

## Lahar Warning Siren Test



The Lahar Puyallup warning siren will be sounded on the 1st Monday of every month. This month's warning will be sounded on **Monday, February 1st** at noon and last for approximately 2 minutes.



## Flood Season is Not Over Yet

[www.piercecountywa.org/flooding](http://www.piercecountywa.org/flooding)

Pierce County residents should prepare now for flood season to keep their family and property safe.

Residents can prepare by purchasing flood insurance, keeping storm drains clear of debris and leaves, and storing valuables and household chemicals above flood levels.

Individuals also encouraged to create a family plan that identifies a safe route from their home, school and work to high ground, a meeting place for family members in case they are separated, and an out-of-state contact to call if local phone lines are busy or down.

### Other available resources

Several other websites offer important information about flooding

- Information on emergency kit supplies: [www.piercecountywa.org/prepare](http://www.piercecountywa.org/prepare)
- Information on flood insurance: [www.floodsmart.gov](http://www.floodsmart.gov)
- Sign up to get emergency alerts by phone, text message, email, or TTY/TTD: [www.piercecountywa.org/alert](http://www.piercecountywa.org/alert)



For a detailed flood map of your property - call (253) 798-2725.

- Information about winter weather in Pierce County:  
[www.piercecountywa.org/winterwise](http://www.piercecountywa.org/winterwise)
- 



## Police 911 and dispatch in Puyallup now South Sound 911

South Sound 911 reached an agreement with the City of Puyallup to transition 911 and dispatch employees from Puyallup's City Comm to South Sound 911, effective Jan. 3, 2016. The transition is significant in that it paves the way for the unification of 911 and dispatch services for 19 law enforcement agencies in the county.

Read the Full Story [Here](#).

---



## Edible Garden Workshop

Pierce County residents can learn how to grow their own food during the 2016 Edible Gardens workshop series, which runs from February through November. The free series of monthly workshops, which are sponsored by Pierce County and the Pierce Conservation District, teach beginning gardeners how to plan a garden, prepare the soil, plant seeds, and harvest the food they've grown.

Each workshop is designed to help students throughout the growing season by addressing what needs to be done in the garden that month. The classes combine presentations with hands-on activities.

### Register For Workshops Now

[www.piercecountywa.org/ediblegardens](http://www.piercecountywa.org/ediblegardens)

---

## Two Upcoming Daddy-Daughter Dances

### City of Puyallup Daddy Daughter Dance

When: February 7, 2016 6pm - 8pm



Where: Pioneer Park Pavilion, 330 Meridian St.  
Puyallup, WA

Pre-Registration is required -  
[Click Here to Register.](#)

---

### **City of Fife Daddy Sweetheart Dance**

When: February 20, 2016 6pm - 8pm

Where: Fife Community Center, 2111 54th  
Avenue East Fife, WA 98424

[Purchase Tickets On-line](#)

---



### **Sweet Heart Wine Walk**

*Presented by Sumner*

February 13 at 4 pm - 7 pm

\$20 per person includes 6 wine tastes, chocolates  
and more

For more information and to order tickets click on  
[www.sumnerdowntown.com](http://www.sumnerdowntown.com)

---



### **Read with a Princess**

February 14, 2016 11 am - 11:45

Where: Puyallup Public Library, 324 S. Meridian  
Puyallup, WA 98371

Come enjoy a special Lego My Library Storytime  
with the Daffodil Princesses. The Princesses will  
read stories, talk with the children and be  
available for photos. Then stick around for some  
Lego building brick fun! Free- no registration is  
required.

---

### **Farm to Table Trade Workshop**

February 25, 2016, 9 am - 12 pm



Dacca Barn, Fife - Click here for [Directions](#)

Join us for a dynamic event focused on making connections, sourcing products, and discovering new market opportunities for Pierce County producers. Our expert panel will discuss the right marketing mix to enter into various market channels including farmers markets, food hubs, restaurants, grocery and wholesale.

**Farmers** - You will get a chance to network with local buyers interested in your products, helping you plan your growing season.

**Buyers** - you will get a chance to meet with producers before their busy growing season starts, and to make arrangements for them to grow products for you!

SPACE IS LIMITED.

[Register Here](#)



## Pierce County Sheriff is Hiring

Join us for our upcoming hiring workshop


When: February 25, 2016 @ 6pm - 9:30pm.

Where: Hess Building (Across from the Jail)  
901 Tacoma Avenue S. Tacoma, Wa. 98402


Call (253) 798-4324 to reserve your seat!

Pierce County Council District 2  
County-City Building  
930 Tacoma Ave. S.  
Tacoma, WA 98402

**CONTACT:**  
Joyce McDonald  
(253) 798-6694  
[joyce.mcdonald@co.pierce.wa.us](mailto:joyce.mcdonald@co.pierce.wa.us)

 Share on Facebook

 Share on Twitter

 Share via Email