

TACOMA-PIERCE COUNTY VOLLEYBALL OFFICIALS BOARD  
(253) 848-1360 (home) 253-677-2872 (cell) 253-848-3317 (fax) [mhblau@comcast.net](mailto:mhblau@comcast.net) (e-mail)  
9908 - 63rd Ave. Ct. E, Puyallup, WA 98373-1170  
[www.tpcvob.com](http://www.tpcvob.com)

Men's, Women's, and Co-Rec Volleyball Recreation will use NFHS rules in all programs  
Valid 8/1/19-7/31/20 for use by the following Recreation Department programs

Auburn Parks & Recreation Dept.	Clarissa Ruston	253-931-3043
Enumclaw Parks & Recreation	Julie Reddaway	360-615-5620/253-508-2311
Metro Parks Tacoma	Courtney Morris	253-305-1025/253-213-2394
Pierce County Parks & Recreation	Meredith Smith	253-798-4091
Pierce County Parks & Recreation	Jared Bucci	253-798-4121
Sumner Parks & Recreation	Rich Hanson	253-891-6502
White River Community Activities	Erin Thim	509-599-2947

1. All recreation matches use a guaranteed 3/3 format.
2. All three games will be played to 21 points using RALLY SCORE.  
There is no cap on any games—you must win by two (2) points.
3. Net serves are allowed and play will continue.
4. Teams may start and/or finish each game with a minimum of 2 players. Co-ed teams may have any combination of men and women, but may not exceed three (3) men on the court at any time. There must be at least one woman and one man on the court at all times. **When a team has enough players**, the lineup must alternate male-female-male-female when positioned on the court at the time of service unless playing shorthanded as noted below and in #5. (Exception: Three men and only one woman will not be allowed. This is considered an advantage.)
  - A. If a team starts short handed, additional player(s) must enter into a back row position, (LB/CB) so that teams may not have an unfair advantage over the opposing team
5. Acceptable rotations:
  - a. If two people are playing, both are considered front row players.
  - b. If three people are playing, the server is considered a back row player.
  - c. If four people are playing, two must stay in the back row.
  - d. If five people are playing, three are in the front row and two are in the back row.  
If there are three men and two women, then positions 1 and 5 will both be men.
6. Women may play on men's teams but men may not play on women's teams.
7. There are no grace periods allowed for the start of matches. Teams not ready to play at the scheduled time (at least two players) will forfeit their first game of the match. Teams not ready within 15 minutes of the starting time will forfeit the entire match. Teams receiving a forfeit may play a practice match on the court.
8. Substitution Procedures: Teams may substitute the regular way (player for player) or into the center back position. This procedure may change from game to game and each team can do it differently than its opponents. Players arriving late may be added to a lineup and enter the game at any time into the proper court rotation.
9. Teams will be allowed two (2) 30-second timeouts per game.

10. Due to gym curfews there is no guarantee that warm-up time will be allowed. However, if warm-ups will not delay the scheduled start of a match and IF teams are not playing on an adjacent court, each team will be allowed up to two minutes of hitting by themselves and then the two teams will be allowed one minute of serving together—therefore warm-up is 2-2-1. No cross-court warm-up (spiking or serving) will be allowed when matches are in progress on adjacent courts. Setting, passing, and pepper, etc. on one side is permissible. When hitting or serving is part of the warm-up, it is preferred and recommended that at least two players be positioned to receive and collect the balls.

11. When a stray ball comes onto the court during play, players should first attempt to remove the ball and allow play to continue. If the act of removing the ball distracts the player (Z) from a potential play or there is a safety concern, immediately alert the referee to the situation. When safely possible, try to remove the ball without stopping play thus eliminating unnecessary delays.

12. Each team must provide a line judge however if unavailable they will be expected to help with line calls. If not, referees will make these calls and teams will respect the decision without question. Players questioning calls are subject to a yellow or red card sanction.

13. Players are expected to conduct themselves in an appropriate manner at all times, displaying good sportsmanship and respect toward officials, opposing players, recreation department staff and equipment. Disciplinary action will be taken for inappropriate conduct.

14. Men's, women's, and co-rec programs will follow the NFHS rulebook with appropriate NFHS or recreation department rule modifications as shown.

Co-rec: a. If there is more than one hit on a side, then at least one of the hits must be by a female.

b. If fewer than two men are in front line positions, a man from the back line MAY NOT join in a block.

15. Special Rule Modifications:

a. All jewelry must be removed in order to play. (Rubber bands, strings, etc. around a wrist is considered jewelry.) This is a liability issue and must be enforced and abided by at all times. **Exception: Flat wedding bands (no jewels/stones allowed) are acceptable.** Tape over piercings will not be allowed.

NOTE: Ear spacers represent a safety hazard and may not be worn or taped. In order to play ear spacers must be removed, however the hole in the earlobe does not need to be taped.

b. Players will receive only ONE toss per service attempt (8 seconds). You may not toss, drop and toss again for service.

c. Teams may use a libero and the libero may serve, however all libero restrictions apply as per rulebook. If a libero is used they must wear a jersey in direct contrast to the team uniform as per book rule. No exceptions.

d. The ball may be contacted by ANY part of the body—intentionally or not. (Yes, the ball can be kicked).

e. Multiple contacts on a team's first contact with one attempt to play the ball are legal.

f. A net foul will be whistled when a player contacts any part of the net including the net cables or antennas.

It is not a foul when a player's loose hair touches the net.

Insignificant contact of the net (including hair) by players not involved in the playing the ball will not be considered a fault.

g. Unadorned bobby pins, no longer than 2 inches, and flat barrettes may be worn to control a player's hair. Hard head/hair bands (plastic, metal, etc.) may not be worn (if you can't compress it in your hand you can't wear it).

h. A player may touch the floor across the centerline with one or both feet/hands provided a part of the foot/feet or hand(s) remains on or above the centerline. Contacting the floor across the centerline with any other part of the body is illegal.